# HOMECOMING 2014

The Student Council is proud to share all the major homecoming information for this year.

- Tuesday, September 30: Class Olympics in the South Gym last hour of the school day
- Wednesday, October 1: Homecoming Court Halftime Rehearsal, 3:30-4:00pm, football field
- Friday, October 3: Pep Assembly the last hour of the day in the South Gym
- Friday, October 3: Pre-Game Dinner in the Cafeteria, 4:00-5:15pm
- Friday, October 3: Pre-Game Parade, 6:15-6:40pm, on the track inside football stadium
- Friday, October 3: Homecoming Dance Decorating, after football game until 12am
- Saturday, October 4: Homecoming Dance, 6:30-10:00pm

## **Homecoming Information: Spirit Week, Ticket & Shirt Sales During all lunches**

- **Spirit Week:** September 29-October 3
- · Ballots for tallying spirit week will be placed in teacher mailboxes Friday before Spirit Week
- Ticket Sales and Shirt sales will begin on Monday, September 22.
- Tickets will be sold during all lunches for \$20 each
- Shirts will be sold through Captains Corner during all lunches for \$10

#### **Homecoming School-wide Voting**

- King/Queen Voting will take place during 2nd hour on Thursday, October 2
- · Ballots for voting will be placed in teacher mailboxes the day prior to voting

We will need the support from the parents and staff of Waterford Kettering in order to make this event a success. **Volunteers are needed in the following areas:** 

Powder Puff Game Homecoming Dinner Homecoming Dance Check In Homecoming Dance Coat Check Homecoming Dance Refreshments Hallway/Golf Cart Decorating Homecoming Dance Clean-up Golf Cart Drivers Pre-Game Assistance Dance Chaperone

If you are willing and able to help out in any of these areas, please contact Sheryl Frederiksen @ (248) 673-1261 or Chris Burlingame @ (248) 618-6788.

All volunteers must have a valid **Volunteer Affidavit** on file in the main office prior to the event they intend to help with. Forms are available in the main office or can be requested by email. Please call the main office @ 248-673-1261 for further information. \*Affidavits are valid for one year only\*







We are also in need of **pre-packaged, single serve** foods to serve throughout the evening. **Examples** are pictured above. Donations may be dropped off at the Kettering main office between 7am and 3:30pm.

# PRINCESS PROJECT

The Princess Project promotes self-confidence and individual beauty by providing free prom dresses and accessories to high school girls who cannot otherwise afford them. Our effort is made possible through invaluable volunteer, donor and community support.

Waterford Kettering is proud to announce that we have a Princess Project branch in our school. It is located in room  $105 \frac{1}{2}$  and will be open by appointment only. If you are in need of a dress for Homecoming or Prom and cannot afford one, please fill out the request form located on the door of Room  $105 \frac{1}{2}$ .







# It's a Great Day to be a Captain!



# **KEEP CALM AND BEAT MOTT!**

T-shirts NOW ON SALE at football games!

**On sale during lunch October 6-10!** 

ONLY \$10

Let's pack the stands with school spirit!

**GO CAPTAINS!** 



Captains ... make it a habit to check out the Kettering Athletic Website for information on all our sports including in-season updates, schedules, news, cancellations, out-of-season conditioning. Go to: ketteringathletics.com

# Saturday, September 27

| TBA     | B/G   | Varsity Cross Country | Oakland County Meet @ Kensington | Away |
|---------|-------|-----------------------|----------------------------------|------|
| 12:00pm | Girls | Varsity Swimming      | Clash of the Underclassmen       | Home |

# Monday, September 29

| 4:00pm | Boys Varsity Tennis | South Lyon East | Home |
|--------|---------------------|-----------------|------|
|--------|---------------------|-----------------|------|

# Tuesday, September 30

| 3:00pm | Girls | Varsity Golf          | Hartland KLAA Crossover               | Home |
|--------|-------|-----------------------|---------------------------------------|------|
| 4:00pm | Boys  | Varsity Tennis        | Hartland KLAA Crossover #3 @ Hartland | Away |
| 4:30pm | B/G   | Varsity Cross Country | Lakeland                              | Away |
| 5:30pm | Boys  | JV Soccer             | Walled Lake Central                   | Away |
| 5:30pm | Girls | JV Volleyball         | Walled Lake Central                   | Home |
| 5:30pm | Girls | Freshman Volleyball   | Walled Lake Central                   |      |
| Home   | 9     |                       |                                       |      |
| 7:00pm | Boys  | Varsity Soccer        | Walled Lake Central                   | Away |
| 7:00pm | Girls | Varsity Volleyball    | Walled Lake Central                   | Home |

# Thursday, October 2

| 4:00pm | Boys  | Varsity Tennis      | Frankel Jewish Academy   | Away |
|--------|-------|---------------------|--------------------------|------|
| 4:30pm | Boys  | Freshman Football   | Lakeland                 | Away |
| 5:00pm | Boys  | JV Soccer           | Walled Lake Western      | Home |
| 5:30pm | Girls | JV Volleyball       | Lakeland                 | Away |
| 5:30pm | Girls | Freshman Volleyball | Lakeland                 | Away |
| 6:00pm | Boys  | JV Football         | Lakeland                 | Away |
| 6:00pm | Girls | Varsity Swimming    | Oakland County Meet-Dive | Home |
| 7:00pm | Boys  | Varsity Soccer      | Walled Lake Western      | Home |
| 7:00pm | Girls | Varsity Volleyball  | Lakeland                 | Away |

# Friday, October 3

| 4:00pm | B/G  | Varsity Cross Country | Waterford I | Mott Classic           | Away |
|--------|------|-----------------------|-------------|------------------------|------|
| 7:00pm | Boys | Varsity Football      | Lakeland    | <b>Homecoming Game</b> | Home |

EVENT: DIG PINK LOCATION: MOTT

DATE: Thursday 10-9-14 TIME: 4pm-9:30pm

PARTICIPANTS: Pierce, Mason, Kettering, Mott Volleyball Programs



On October 9th Waterford Volleyball will be holding a large fundraising event known as a "DIG PINK" game. All profits will be donated to breast cancer research.

One of the many activities that will help in the fund-raising efforts is the sale of t-shirts. Shirts will be sold by the individual school and volleyball teams. There are also shirts available that say "Waterford" and "WSD" in the areas instead of where team/school names are specified. The picture attached is the true coloring. Shirts are \$10 and at least \$2.50 per shirt will go toward the fund-raising efforts. Spectators wearing these shirts will obtain free entry into the volleyball games that evening.

Other fund-raising efforts on 10-9 at the game include:

- Gift basket raffles (10 themed baskets total) purchased/donated by each volleyball team
- Gift card and business donations that can be "purchased" via silent auction method
- Donation boxes at the admissions tables
- Concessions
- 50-50 raffle

Reminder that all secondary volleyball teams are involved in this event!

4pm Game: Pierce vs. Mason 7th and 8th graders 530pm Game: Mott vs. Kettering JV and Freshman 7pm Game: Mott vs. Kettering Varsity

If you are interested in purchasing a "Waterford" or a "team specific" shirt, please email me by Tuesday 9-23 so we can place our first order.

THANK YOU! Allison Sartorius Athletic Director Waterford School District



# COLLEGE AND CAREER CENTER ADVISOR OFFERS ASSISTANCE

As resource advisor I am currently working on getting College Representatives in to talk to Kettering seniors. Please watch for other college visits to follow. Please encourage your senior or junior to sign up in the Resource Office to visit with one or more of these colleges. *Parents are encouraged to join in on the presentation.* 

| Lawerence Tech          | Tuesday   | September 30 | 8:45am      | Conf. A |
|-------------------------|-----------|--------------|-------------|---------|
| U of M FLINT            | Tuesday   | September 30 | 10:15am     | Conf. A |
| U of M Dearborn         | Wednesday | October 1    | 10:30am     | LGI     |
| Kettering Univ          | Monday    | October 6    | 8:30am      | Conf.A  |
| Western Mich Univ       | Tuesday   | October 7    | 11am        | LGI     |
| Michigan State Univ     | Wednesday | October 8    | 1pm 1:15ish | LGI     |
| Central Michigan Univ   | Wednesday | October 8    | 11am        | LGI     |
| Baker College           | Monday    | October 9    | 9am         | Conf. a |
| Aquinas College         | Thursday  | October 9    | 11am        | Conf. A |
| Michigan Technical Un   | Thursday  | October 9    | 12pm        | Conf. A |
| Lake Superior State Un  | Monday    | October 13   | 12pm        | Conf. A |
| Albion College          | Wednesday | October 14   | 10:30am     | Conf. A |
| Saginaw Valley State Un | Monday    | October 14   | 1pm         | LGI     |
| University of Detroit   | Wednesday | October 15   | 9am         | Conf. A |
| Mercy                   |           |              |             |         |
| Adrian College          | Wednesday | October 22   | 9am         | Conf. A |
| Northern Michigan Univ  | Wednesday | October 22   | 1pm         | LGI     |
| Eastern Michigan Univ   | Wednesday | October 29   | 9:30am      | LGI     |
| Wayne State University  | Thursday  | October 30   | 10am        | LGI     |

**SENIORS:** after you apply to your school of choice, you have to sign on to <a href="www.parchment.com">www.parchment.com</a> to send your transcripts. Right now Parchment is free to send transcript to the college of your choice.

On Wednesday September 16th, ALL SENIORS got a "12th Grade Senior Year Checklist" that gives them a timeline of the final year in High School. Please talk about this with your senior.

#### **UPCOMING ACT TEST DATES:**

http://www.actstudent.org/

| Registration Deadline | (Late Fee Required)   |
|-----------------------|---|
| September 19, 2014    | September 20-October 3, 2014  |
| November 7, 2014      | November 8-21, 2014   |
| January 9, 2015       | January 10-16, 2015   |
| March 13, 2015        | March 14-27, 2015   |
| May 8, 2015           | May 9-22, 2015  |
|                       | September 19, 2014<br>November 7, 2014<br>January 9, 2015<br>March 13, 2015 |

# **SCHOLARSHIPS OFFERED:**

Automotive Hall of Fame: The program has specific scholarships for incoming freshmen and upper-level undergraduate students. All of the scholarships are based on financial needs and with the usual minimum GPA requirement of 3.0. - See more at:

http://www.automotivehalloffame.org/education/scholarships#sthash.Izi6UNhl.dpuf

MSYSA College Scholarships - MSYSA awards \$5,000 (\$1,000 per MSYSA District) each year. This program is open to Michigan residents who are participating in a soccer program and are graduating high school seniors. Applicants must have played on an MSYSA affiliated team for at least 6 seasons (3 years). *Click here to submit your application*. Due December 1, 2014.

Attention **high school seniors** that are looking for a **college scholarship**, please submit the Betty Fortino Phoenix Scholarship application by September 30, 2014. Betty Fortino was a wonderful volunteer with Waterford Youth Assistance and highly involved in our community. Her family wants to continue her legacy of giving back to the Waterford community by helping a Waterford student persevere through life's obstacles and attend college. Applications are in the Career RESOURCE Dept.

Check out – One of the largest scholarship data base on the web <a href="http://www.studentscholarships.org/2014scholarships.php">http://www.studentscholarships.org/2014scholarships.php</a>

<u>Career Cruising Program</u> is a comprehensive career program that will help them make decisions about their future. It is also a great resource for parents. This is a site you can log into at home and help your son or daughter with these very important decisions. <a href="http://www.careercruising.com">http://www.careercruising.com</a> enter ID: WSD-(student's Kettering ID number), Password is just student's Kettering ID number. **Scholarships can be found on this site under the "Financial Aid" tab.** 

## FREE COLLEGE FINANCIAL PLANNING WORKSHOP:

The <u>Waterford Township Public Library</u> 5168 Civic Center Drive Waterford MI will be having three Dollars for College seminars this fall/winter. The first program is September 18<sup>th</sup>. **Thursday, September** 

**18, 2014** College Planning: strategies and timetable. **Thursday, November 20, 2014** Dollars for college—the ins and outs of financial aid including definitions, college costs, and how the financial aid package is determined. **Thursday, January 15, 2015** filling out the FAFSA form, step by step. Please register at the Adult Reference Desk. (248) 618-7693 7:00 p.m.

The **Armed Services Vocational Aptitude Battery** (**ASVAB**) is a multiple choice test, ministered by the United States Armed Forces used to determine qualification for enlistment in the military. It is often offered to American high school students when they are in the 11th and 12th grade, though anyone eligible for enlistment may take it. Kettering will host this **Dec 4, 2014**. Sign up in the Career College resource office.

SSG Cole from the Army will be here Tuesday, September 9<sup>th</sup> during all lunches
SSG Montague from the National Guard will be here Wednesday, September 10<sup>th</sup> during all lunches

# **College Information in and around Michigan**

CHRISTIAN COLLEGE FAIRS Thursday, September 25 6:30-8:30p.m. Novi 888-423-2477 http://doi.org/10.1007/j.com

MIT in Ann Arbor Tuesday, September 30, 2014 7pm mitadmissions.org

PENN University www.admissions.upenn.edu will be @ Detroit Country Day School Monday, Oct. 6, 7pm

## **LAWRENCE TECHNOLOGICAL UNIVERSITY** – 248-204-3160

www.ltu.edu/futurestudents/VIP.asp

Exploration Day – Friday, October 17, 8am – 1pm Blue Devil Days – Saturday, November 1, 9:30am – 1:30pm Saturday, December 6, 9:30am – 1:30pm

**Michigan State University** <u>James Madison College</u> fall visit days September 26, October 13, October 24 & November 10. Information and register <u>www.jmc.msu.edu/visit</u>

**Duke University admissions officers will present information & answer questions** admiss.ugrad.duke.edu/discover-duke October 6, 2014 @ the Westin Southfield 7pm

BGSU BOWLING GREEN STATE UNIVERSITY- http://choose.bgsu.edu/apply/online applications

 $\label{eq:KALAMAZOO} \begin{tabular}{l} KALAMAZOO COLLEGE - Zoonique open house (distinctive liveral arts college that encourages hands-on, intercultural and individualized learning - October 4th ideal for high school seniors $$\underline{www.kzoo.edu/admission/visiting/k-open-houses}$$$ 

GRAND VALLEY STATE UNIVERSITY - www.gvsu.edu/visit 800-748-0246



## **RENAISSANCE FESTIVAL**

This is the last weekend of the Renaissance Festival! Thank you to everyone who has been helping with this fundraiser. If you are free this weekend, please sign up at: <a href="https://www.SignUpGenius.com/go/10C0C49ACAE29A64-renissance/17244229">www.SignUpGenius.com/go/10C0C49ACAE29A64-renissance/17244229</a>.

## PARTY!

We are going to start planning the party after the Renaissance Festival. Please consider chairing a committee or helping out. This is what we've worked for the past four years. It's time to plan this fabulous party! Help is needed with food, activities, decorations, etc. Thank you.

## **MARKET DAY**

The next Market Day sale pick up is Friday, October 3, at 4:00pm. You can now purchase select Market Day items at Gordon's Food Service. Just tell them at the checkout that the profit should go to Kettering. They are willing to donate a portion of your ENTIRE ORDER to us. Thank you!

## **KROGER REWARDS**

If you shop at Kroger, please sign up for Kroger Rewards. Go to Kroger.com, sign into your account or sign up for a new account, click on "my account," click on "Community Rewards," click on "Edit community rewards program information," type in account number 91033, select All night party-2015 Kettering High School, save changes...SHOP! And, if you have an account and didn't renew it in April, please take a minute to do so now. Remember, this does not affect your fuel points!

## **TENUTA'S RECEIPTS**

Please continue to save Tenuta's receipts. Place them in our mailbox in the office at Kettering.

## **FACEBOOK**

Check out our Facebook page (Kettering2015ANP) and post any comments or questions.

Questions for 2015 may be directed to kettering2015anp@aol.com.

#### THANKS FOR YOUR SUPPORT!



50/50 Raffle tickets. I received the information for the tickets so they are on order. Please let me know asap if you would like to buy ticket(s) or help sell them. Lets get them all sold this year.....

Please contact me at cherbil 23@sbcglobal.net



Facebook: WKHS 2017 ANP Email: 2017ANP@gmail.com

Hello parents! I hope everyone had a wonderful summer. Now that we are back again we need to start working on fundraising! We have a lot of ground to make-up so stay tuned for progress tracking and fundraising ideas!

Thank you to Margaret Fast for helping out at the registration table!

# **Fundraising:**

<u>Tenuta's Receipts:</u> Please turn in your receipts to the office in an envelope labeled 2017 ANP to be counted.

<u>Kroger Rewards:</u> Please go online (<u>www.kroger.com/communityrewards</u>) and update your account using *85638* as the organization number. *Share this information with family and friends; it is not Kettering parent specific.* Registering to the 2017 All Night Party does not in any way effect your rewards.

<u>Casino Trip:</u> As the weather cools we will work on some indoor activities, one will be a casino trip. Stay tuned for more information!

Thank you

# 2018 ALL NIGHT PARTY NEWS

The class of 2018 is in need of a chairperson for the All Night Party. This person must be organized, creative, and be able and willing to work with others. If this fits your description, and you would like more information, please contact Jen Thamer @ jen.thamer@gmail.com



Waterford Kettering would like to welcome the PTSA Board for the 2014-2015 school year:

**President: Jen Thamer** 

**Vice President: Jennifer Szymanski** 

Secretary: Richard Wiltsie

Treasurer: Sue Zimmerman

If you are interested in joining the PTSA and having your ideas, concerns, etc. heard, please stop by and sign up to join. The cost is only \$8.00 a year. We welcome anyone who has a student at Kettering, to join us in helping to make Kettering a great school.

# **Quote of the Week:**

Remember, if you ever need a helping hand, you'll find one at the end of your arm ... As you grow older you will discover that you have two hands. One for helping yourself, the other for helping others. Audrey Hepburn

# **UPCOMING EVENTS:**

9/29-10/3 - SPIRIT WEEK





10/1 – POWDER PUFF GAME SATES OPEN AT 5:30, GAME BEGINS AT 6:30PM

10/3 - HOMECOMING FOOTBALL GAME



**VS LAKELAND H.S.** 

10/4 - HOMECOMING DANCE



10/11-FOOTBALL GAME VS MOTT @ MOTT @ NOON



10/13 & 21 - PARENT/TEACHER CONFERENCES 4-7PM



10/22 - AMERICANA CONCERT @ 7PM





10/23 - FALL ORCHESTRA CONCERT @ 7PM

# COMMUNITY NEWS



# What is Destination Imagination?

Destination imagination allows students to explore their creativity, innovation, and teamwork to develop and present creative solutions to complex challenges, and participate at fun local tournaments.

# Why Destination Imagination?

Destination imagination is the premier creative problem-solving program teaching students the creative process, which is a necessary 21st century skill. Most importantly, DI is a FUN experience for all involved!

# Contact us to learn more:

Email Betsy Grossnickle at Grosse01@wsdmi.org or via phone at 248-683-3170

# WE CREATE THE NEXT GENERATION OF INNOVATIVE THINKERS AND LEADERS

#### Who can be involved?

**Destination imagination** is available to all students from kindergarten to college-age. Each team also needs the commitment of at least one adult to serve as a TEAM MANAGER, who will help facilitate group meetings.

# Teams are forming - you're invited to learn more!

Waterford Creativity Info Meetings Tues, Sept. 23, 7-8:15pm or Mon, Sept. 29, 7-8:15pm (same info will be presented at each of these events!)

There is no obligation in attending - parents AND students are invited!

Sample activities, lots of details, and time for questions & answers are included.

Location of Meeting: Covert Center, 1150 Scott Lake Road, Waterford 48328

Website info: www.Mlcreativity.org www.DestinationImagination.org

# PRESCRIPTION DROP-OFF DAY

Saturday, September 27, 2014: 10 a.m. - 2 p.m.
Waterford Township Police Department
5150 Civic Center Drive, Waterford

The Waterford Coalition for Youth, in partnership with the Waterford Township Police Department is encouraging the community to drop off their expired and unused prescriptions to help promote a safe and healthy way of life for our community's youth.

Prescription drug abuse is a very serious issue right here in our community. Whether it's stealing, selling or self-abusing prescription drugs, reducing access is crucial in the fight against this deadly risk to not only youth but adults too.





# FREE!



The Waterford Coalition for Youth is giving away prescription drug lock boxes to the first 100 people who come to drop off their unused/expired pills!

- . Have all unused and expired medications in one plastic or paper bag.
- Simply drop off the bag in the main lobby of the Police Department.
   (5150 Civic Center Drive, Waterford)
  - No papers to sign and no questions will be asked.
  - . Pills will be properly disposed of by the Police Department.

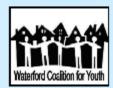
NO AEROSOLS - NO LIQUIDS - NO NEEDLES - NO INHALERS - NO PLASTIC BOTTLES.

ALL PILLS MUST BE IN A PLASTIC OR PAPER BAG.

**Policing is a Partnership — Help Keep Waterford's Youth Safe!** 

Questions? Contact the Waterford Coalition for Youth 248-618-7424 \* wcfy.org \* Visit us on Facebook









# **Waterford Coalition for Youth**

# ZOMBIE 5K RUN/Mini-Monster 1 MILE WALK/RUN Saturday October 18, 2014 - 4:30 Check-In /6:00 RUN

Activities take place at Hess Hathaway Park – 825 S. Williams Lake Road, Waterford The forecast calls for 100% chance of dusk with a chance of Zombie sightings!

#### AWARDS (5K Only)

- Overall Male and Female
- Top 3 Males and Females in each age group
- Age Groups:
  - 12 and Under 13-15 16-18
- 35-39 40-44

25-29

- 45-49 • 50-54
- 55-59 • 60-64





#### **ENTRY FEES - PRE-REGISTERED**

19-24



- 5K RUN: Individual: \$25 Students: Ages 11-17: \$20 Family of 3: \$50 Family of 4: \$75 Family of 5: \$100
- MINI MONSTER 1 MILE LOOP: Kids: Ages K-10: \$15 (Shirts for mini-monsters only.)
- Pre-registered individuals are guaranteed a Zombie Run 2014 commemorative t-shirt.
- Additional t-shirts available for pre-order for \$15.00.
- Add \$5 for race day registrations. Race day registrants are not guaranteed a t-shirt.

#### DAY OF RACE

CHECK-IN: 4:30 p.m. \* RACE 6:00 p.m. \* BONFIRE FOLLOWING THE RACE! \* S'MORES! (\$2.00 per person)
HAYRIDES BEFORE AND AFTER RACE! (\$3.00 per person. Ages 2 and under free!)

#### REGISTRATION FORM

| Name:   | Addr  | ress:   |
|---|---|---|
| City:   | Zip:  | Phone:  |
| Email:  |   | Age on Race Day: Gender: M F  |
| Category: 5k Run Mini Monster   | A TOUR YOUTH  | Registration T-Shirt Size:  Adult:SMLXL2XL  |
|   | TRIE  | Child:SML   |
|   | LOMINA  | Additional T-shirts: \$15.00  Adult:SMLXL2XL  |
|   | 1/  | Child: SML  |
| If registering a family, please                                       | e complete a separate, signe                                      | ed form for each participant and include appropriate entry fee.   |
| executors waive and release fore<br>Coalition for Youth, the Township | ver any and all claims for damag<br>of Waterford, Waterford Parks | ed, in intending to be legally bound, do hereby for myself, my heirs, an<br>ges that I may have against the sponsors, race officials, the Waterford<br>s and Recreation and any person or entity associate with this event for<br>t I am physically fit and have prepared for this race/walk accordingly. |
| Signature of participant (or legal                                    | guardian if under 18)   | Date  |

Waterford Coalition for Youth - 5150 Civic Center Drive - Waterford, MI 48329 - Phone: 248-618-7424 Fax: 248-673-5190

Must be postmarked by October 13, 2014

# USELESS TRIVIA

# Do You Know? September is International Strategic Thinking Month



Keeping the mind sharp is a fundamental aspect of a higher quality of life in our later years. The brain is a muscle like any other. As such, it needs to be exercised on a consistent basis in order to stay in the best shape possible. You can rely on a number of memory boosting strategies.

# 1. *Get thinking*.

Any type of activity that requires you to think deeply about the problem or situation is one that is going to force your brain to work harder than it normally does. This could include working on basic math problems or playing games.

# 2. Solve problems.

Any activities that require thinking, you should also take part in activities that require you to solve some complex problems. You may enjoy doing a crossword puzzle or doing other types of puzzles, but whatever you do, if it is not causing you to have to solve problems, then it is not giving your brain the memory boosting activities that it could be getting.

# 3. *Strategic thinking*.

Games like chess provide a wealth of opportunities for strategic thinking. In chess, the best players plan out multiple moves ahead and this is why it generally takes a long time for some people to make a move. If you don't like chess, there are certainly plenty of other games that require your strategic thinking skills. Even if you are not adept at strategic thinking, you can develop the skills no matter how old you are.

# 4. Turn off the TV.

If you have a habit of watching TV for many hours every day, then this is not giving your brain much exercise at all.

The more strategies that you employ, the stronger your brain will be. September is International Strategic Thinking Month, so it is a great time to consider various activities that will help your brain get the exercise it needs and deserves.

# September 30th is Ask a Stupid Question Day











**Ask a Stupid Question Day** is a <u>holiday</u> that is sometimes celebrated in the <u>United States</u>, usually by school <u>students</u> and <u>teachers</u>. Although Ask a Stupid Question Day's default date is September 28, in practice it is usually observed on the last school day of September.

This holiday was created by teachers in the 1980s to encourage students to ask more questions in the classroom- According to HolidayInsights.com, "[a]t the time, there was a movement by teachers to try to get kids to ask more questions in the classroom. Kids sometimes hold back, fearing their question is stupid, and asking it will result in ridicule.

# National Fire Pup Day October 1st



# In the United States, Dalmatians are commonly known as firehouse dogs.

National Fire Pup Day is celebrated each year on October 1 and is a day designated to recognize our canine firefighters, the four-footed members of the fire department.

It all began when the use of Dalmatians as carriage dogs was transferred to horse-drawn fire engines. In the days of the horse-drawn fire carts they provided a valuable service, having a natural affinity to horses. The Dalmatians would run alongside the horses, in front of or beneath the cart axles and cleared the way for safety. Even though the horses are long since gone in the fire houses, the Dalmatians, by tradition, have stayed.

# The Dalmatian today, serves as a firehouse mascot and is sometimes used to educate the public in fire safety.

Dalmatians are often chosen, as a pet, by many firefighters in honor of their heroism in the past. **HAPPY NATIONAL FIRE PUP DAY!**